



FLIC Scuola di Circo

F.E.D.E.C. full member

Director - Matteo Lo Prete
Artistic Director - Francesco Sgrò
Artistic Advisor - Roberto Magro

ENGLISH

TWO YEAR CONTEMPORARY CIRCUS ARTIST TRAINING PROGRAMME

The programme entails a specific didactic training program in circus arts, with special attention given to the personal needs of each student while creating the foundations needed for every contemporary circus artist: i.e. circus performance, acrobatics, physical preparation, dance and circus discipline.

The programme offers complete and balanced basic training to increase and enhance the artistic and expressive qualities of each student. The course is spread over a period of two years, dedicated to the development of a basic personal artistic project at the end of the course.

First year

During the first year, attention is given to the development of physical training and methodology learning.

During the first year of the course, the student learns to work in a group; begins to gain the basis for correct physical training; comes into contact with many circus disciplines in order to make an educated choice for their specialization; learns and strengthens their general knowledge.

After several group workshops with the Circus Performance teacher and after participating in various "Circo in Pillole" (monthly presentations in front of an informal audience) which are prepared exclusively for the group and without the requirement of the circus equipment. At the end of first year students face their first collective creation (accompanied by a director or choreographer) through a week of research and composition, in order to stimulate both their ability to work in groups and their creativity.

Second year

During the second year, the student specializes in a circus discipline of their choice, works on research in creation and continues to work on physical preparation, acrobatics, circus performance and contemporary dance.

The students learn the relationships with various themes and gain stage experience in front of an audience whilst being the creators and performers of the various "Circo in Pillole"; thus becoming increasingly autonomous and free in their own research.

At the end of the two years, through the wealth of studies and their experiences gained during the course, students create and present a show under the guidance of an internationally recognized director.



PROGRAMME DETAILS

The course duration is two years, with mandatory attendance, developed in daily lessons, from Monday to Friday. The curriculum is based on the experience of the past 10 successful years of the FLIC circus school.

- **Academic year:** first year from October to June
Second year from September to June.
- **Lesson time:** 8.45am - 4.45pm from Monday to Friday.
- **Presentations and performances:** "Circo in Pillole" (monthly presentations to an audience), a performance at the end of the first year, end of course show presented by the students of second year.
- **Work opportunities:** each year the school offers various work experience, where the art of contemporary circus has expressive value. These offer prestigious and valuable experience to the deserving students.



CANDIDATES AND AUDITIONS 2013

All young people aged between 16 and 24 years (possible exceptions are at the discretion of the pedagogical Directors), who show good physical and good expressive potential in dance and acrobatics, have access to the selections for the FLIC Contemporary Circus School.

To enter into the first year, the candidate must demonstrate good physical ability and expressive capability in dance and acrobatics. To enter directly into the second year the candidate must have a good foundation in dance and acrobatics as well as good technique in a circus equipment.

For the academic year 2013-2014, the following number of places are available:

- 18/20 for the 1st year



**The selections are out by three day audition from the
8th to 10th July 2013**

COST

The cost for the FLIC programme of Contemporary Circus Artist has the following annual costs (including insurance for injury):

First year € 2.900,00 (divided into two installments of € 1,450.00 each)

Second year € 2.900.00 (divided into two installments of € 1,450.00 each)

Payments:

- **First year:** the first installment is payable within 15 days after confirmation of acceptance within July 26th; the second installment by 10 January 2014.
- **Second year:** the first installment to be paid by September 4, 2013; the second installment to be paid by 10 January 2014.



To participate in the selection it is necessary to complete and to send the following forms to segreteriaflic@realeginnastica.it

further information: : segreteriaflic@realeginnastica.it

FLIC Scuola di Circo - Via Magenta, 11 Torino (Italia) - Tel. (+39) 011 530 217 Fax (+39) 011 534 654

www.flicscuolacirco.it www.flicalla10.it

ADMISSION FORM FOR AUDITION TO CONTEMPORARY CIRCUS ARTIST PROGRAMME YEARS 2013 - 2015

CANDIDATE DETAILS

SURNAME and NAME _____

DATE OF BIRTH CITY _____

STATE _____ NATIONALITY _____

MAIN ADDRESS _____

POSTAL CODE CITY _____ STATE _____

DOMICILE (if is different from address) _____

POSTAL CODE CITY _____ STATE _____

TELEPHONE + (code of state)

MOBILE + (code of state)

EMAIL ADDRESS _____@_____

ENPALS registration number (if held) N°

QUALIFICATION: DIPLOMA ☐ DEGREE ☐

SPOKEN LANGUAGES: _____



BASIC TRAINING

DISCIPLINES / LEVEL	SUFFICIENT	AVERAGE	GOOD	EXCELLENT
DANCE				
ACROBATICS				
CIRCUS DISCIPLINES (specify)				
SPORT DISCIPLINES (specify)				
OTHER (specify)				

Notes (Additional information about basic training):

To be accepted into the audition, it is necessary to complete this form and send it with the documents listed below:

- ✓ photo full shot
- ✓ cover Letter
- ✓ artistic or sports CV
- ✓ medical certificate for sporting activities-competitions: suitability for intensive physical activities
- ✓ copy of identity card or valid passport
- ✓ copy of health insurance card
- ✓ copy of fiscal code (only for residents in Italy).

PLEASE NOTE: On receipt of all document, the candidate will be notified of participation in the audition via email. In the case of missing documentation (listed above), the candidate will be automatically excluded.

DECLARATION

I authorize the processing of my personal data in compliance with the Italian Data Protection Law in force. (D.Lgs. 196/2003)

I confirm the authenticity of the information.

Date

Signature



ADMISSION TEST FOR TWO YEAR CONTEMPORARY CIRCUS TRAINING PROGRAMME YEARS 2013 - 2015

The audition is structured over three days:

FIRST DAY schedule: 9.30 - 19.00

When you arrive to the FLIC Circus School it is necessary to present the identity card or valid passport

PHYSICAL TEST

- pull up
- push up
- leg lifts (on wall bars)
- long jumps from standing
- left leg splits
- right leg splits
- box splits
- sitting straddle (legs at 90°, leaning forwards, back straight)
- sitting pike
- bridge (arch position)

ACROBATIC TEST

- forward roll
- backward roll
- cartwheel
- handstand forward roll
- handstand for five seconds
- free acrobatic movements

SECOND DAY schedule: 10.00 - 19.00

ACROBATIC WORKSHOP AND CONTEMPORARY DANCE WORKSHOP

THIRD DAY schedule: 10.00 - 22.00

APTITUDE TEST

free presentation (maximum 4 minutes)

- the presentation of work using a circus apparatus is optional;

INTERVIEW WITH THE PEDOGOGICAL DIRECTORS

SCHEDULE SUBJECT TO CHANGE DEPENDING ON THE NUMBER OF PARTICPANTS PRESENT.